



HELPFUL LINKS ABOUT THE NEED FOR WORKSITE LACTATION PROGRAMS

Breastfeeding Support

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- CDC's Healthier Worksite Initiative Toolkit: Lactation Support Program. Available from: <http://www.cdc.gov/nccdphp/dnpao/hwi/toolkits/lactation/index.htm>
- Shealy KR, Li R, Benton-Davis S, Grummer-Strawn LM. The CDC Guide to Breastfeeding Interventions. Atlanta, GA: US Department of Health and Human Services, Centers for Disease Control and Prevention, 2005. Available from: http://www.cdc.gov/breastfeeding/pdf/breastfeeding_interventions.pdf
- 2008 United States Health and Human Services. Business Case for Breastfeeding. Available from: <http://www.womenshealth.gov/breastfeeding/government-programs/business-case-for-breastfeeding/>

Obesity Prevention

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- Keener D, Goodman K, Lowry A, Zaro S, Kettel Khan L. Recommended Community Strategies and Measurements to Prevent Obesity in the United States: Implementation and Measurement Guide. Atlanta, GA: US Department of Health and Human Services, Centers for Disease Control and Prevention; 2009. Available from: <http://www.cdc.gov/obesity/strategies/communityStrategies.html>

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- American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care and Early Education. Preventing Childhood Obesity in Early Care and Education Programs; 2010. Available from: http://nrckids.org/CFOC3/PREVENTING_OBESITY/index.htm

General Health

- National Prevention Council. National Prevention Strategy, Washington, DC: US Department of Health and Human Services, Office of the Surgeon General; 2011. Available from: <http://www.healthcare.gov/center/councils/nphpphc/strategy/report.pdf>
- Healthy People 2020 Objectives.
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MICH-22: Increase the percentage of employers who have worksite lactation programs from 25% to 38%. Available from: <http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicId=26>
- Texas Department of State Health Services. 2008 Statewide Agency Wellness Program- Building Healthy Texans: Improve support for breastfeeding mothers. Available from: <http://www.wellness.state.tx.us/mothers.htm>
- American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care and Early Education. Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs. 3rd Edition. Elk Grove Village, IL: American Academy of Pediatrics; Washington, DC: American Public Health Association; 2001. Available from: <http://nrckids.org>
- Ward, D. Let's Move! Child Care Checklist: Recommendations for Preschoolers, Infants and Toddlers. The Nemours Foundation in cooperation with the Federal Let's Move Campaign; 2011. Available from: <http://www.healthykidshealthyfuture.org/startearly.html>